

**Shoalhaven Mental Health Fellowship  
Open Community Art Competition - Exhibition 2023**

***Entrance Kit***



**Shoalhaven Mental  
Health Fellowship**

Image: *Dreaming Eye*, by Tracy Davis (2016)

## **Shoalhaven Mental Health Fellowship Open Community Art Competition - Exhibition 2023**

This is a biennial Exhibition and Competition to celebrate Mental Health Awareness. The prize is open to anyone regardless of having a mental illness or NOT. It aims to reduce prejudice, discrimination and stigma in the community, and to reflect and create hope for persons with any mental health issues. Entries need to address the chosen theme which is reflective of recovery and personal growth. The theme this year is: ***Reflections - Your place in the world.***

**\* Entry is open, regardless of age or ability but entrants must reside or work in the Shoalhaven, Kiama, Southern Highlands or Eurobodalla Local Government Areas (LGAs).**

### **Prizes:**

**1<sup>st</sup> Prize:** \$700.00

**2<sup>nd</sup> Prize:** \$500.00

**3<sup>rd</sup> Prizes:** \$300.00

(Highly Commended, Outstanding Achievement and Encouragement Awards may also be given as deemed and selected by the Judges).

**Delivery & Reception of works:** Thursday 20<sup>th</sup> April, Friday 21<sup>st</sup> April 10am – 4pm, & Saturday 22<sup>nd</sup> April 10am – 1pm.

**Shoalhaven Regional Gallery – Meeting Room**  
12 Berry Street Nowra, NSW, 2541 (next to Shoalhaven City Library)  
Telephone (02)4429 5444

### **Dates for Exhibition**

29 April – 24 June

### **Exhibition Awards Announced**

Saturday 29 April 2pm – 4pm

**Any visual arts medium is accepted for this competition.**

**For example;**

- **Traditional Media:** that is - oil, acrylic, charcoal, pen and ink, watercolour, pastel – **Must be framed with D rings, 15 kilograms limit, and within 1 metre square. NO diptychs or triptyches will be accepted.**
- **Mixed Media:** that is - oil, acrylic, charcoal, pen and ink, watercolour, pastel – **Must be framed with D rings, 15 kilograms limit, and within 1 metre square. NO diptychs or triptyches will be accepted.**
- **Digital Media** that is – one photograph, a video, etcetera;
- **3D work:** A sculpture: clay or wood etc - **must be less than 15 kilograms and within 1 Metre square in any direction.**

## Conditions of Entry 2023

<b>Entrants</b>	Open entry to all those who reside or work in the following geographical areas: Shoalhaven, Kiama, Southern Highlands or Eurobodalla Local Government Areas (LGAs). Entrants do not have to have a mental illness to enter and can be of any age.
<b>Entry Forms</b>	Entry Kits are available at Shoalhaven Regional Gallery and on The Schizophrenia Fellowship of NSW Inc., Shoalhaven City Council and Shoalhaven Regional Gallery websites <a href="http://www.shoalhavenregionalgallery.com.au">www.shoalhavenregionalgallery.com.au</a>
<b>Number of Entries</b>	<b>Only one entry permitted</b> per person. Must be original work and not previously been exhibited in any Mental Health Exhibition.
<b>Entry fees</b>	Entry fee is \$10 per person. Limit of 1 work to be entered per person.
<b>Framing and Hanging Artwork requirements</b>	<u>Your entry must be ready for hanging or display.</u> A wet painting or unsafe work will NOT be accepted. Your Entry must be framed. A stretched canvas is considered a framed work. It is imperative that your <b>entry has “D” Rings</b> ; attached for hanging. “D” Rings should be no more than ten (10) cm from the top of the artwork.
<b>Delivery of Works</b>	The Entry will only be accepted if accompanied by an Entry Form. <b>(LATE ENTRIES (after 4.00 pm) WILL NOT BE ACCEPTED. NO EXCEPTIONS.</b> Delivery of art works: <b>Date: Thursday 20/4/23, Friday 21/4/23 &amp; Saturday 22/4/23</b> <b>Hours: 10.00 am – 4.00 pm &amp; 10:00 am – 1 pm on Saturday.</b> <b>Venue: Shoalhaven Regional Gallery - 12 Berry Street, Nowra, NSW, 2541</b> <b>Telephone: (02) 4429 5444</b>
<b>Collection of Works</b>	All artworks are to be collected after the completion of the exhibition. <b>Date: Monday 26<sup>th</sup> June 2023</b> <b>Hours: 10.00 am – 4.00 pm</b> <b>Venue: Shoalhaven Regional Gallery - 12 Berry Street, Nowra, NSW, 2541. (02) 4429 5444</b>
<b>Curatorial/Selection of works entered</b>	The major prize-winners and a selection of entrants work will be displayed from Saturday <b>TBC</b> This selection is at the discretion of the Curator of Shoalhaven City Arts Centre. Works cannot be removed from the exhibition until the end of the exhibition.
<b>Sale of Artworks</b>	Sale of Artwork is optional. Shoalhaven Regional Gallery will charge 25% commission on all sales. Please include this commission into the price of your artwork. GST is the responsibility of the Entrant.
<b>Insurance/liability</b>	Exhibitors must arrange their own insurance. All care will be taken but no responsibility will be accepted for loss or damage prior to, during, or after the Exhibition. It is a condition of entry that all art entered into the exhibition can be safely hung and no danger of injury to the public.
<b>Presentation of Awards</b>	Awards will be presented at the Exhibition launch commencing at 2pm Saturday 29 April 2023 in the Shoalhaven Regional Gallery.

# **ENTRY FORM 2023**

**Please print in Block Letters only**

**Title:**.....

**Name:**.....

**Address:**.....

.....

**Telephone Number:**.....

**Mobile:**.....

**Email:**.....

**For Sale: Yes / No**

**Price of Artwork: \$**.....  
(Must include 25% Commission)

**Please ensure the entry is labelled somewhere on the item to be presented.**

I have read and agreed on the attached **Conditions of Entry** and have read and ticked the following checklist

- I have fully completed contact details;
- I have read and understood where and when to deliver my entry;
- I have labeled my entry correctly;
- My artwork can be safely hung or displayed;
- I have read the date my work will be available for collection;
- I give permission for my work to be digitally photographed by Shoalhaven Mental Health Fellowship if required for promotional reasons and to be displayed in media if I am a winner or runner up;
- I have signed the declaration.

Signed..... Date ...../...../2023



## **Hanging Guide for Your Artwork.**

- \*Your entry must be ready for hanging or display
- \* Your entry/work must be an original work of the exhibitor.
- \*No Diptychs or Triptychs will be accepted.**
- \*Only one physical framed artwork will be accepted.**
- \*Wet paintings or unsafe works will NOT be accepted.**
- \*Your entry must be framed. A stretched canvas is considered a framed work as long as it has D rings.

It is imperative that your **work has “D” Rings** attached hanging (See below).

**Triangle shaped “D” Rings should be no more than ten (10) cm from the top of the Work. (See below images). Triangle shaped “D” Rings are to be NO SMALLER THAN 15mm at the broadest edge of the base of the “D” Ring. String is NOT required between the “D” Rings.**

**“D” rings can be purchased from local hardware stores or your picture framer.**

Image below: D-Rings are fitted to the frame with screws



Below: Notice the two D-Rings at equal points on both sides of the artwork

